



Maureen Carland

Maureen Carland, MA, RN, NHA, serves as the Director of Quality Improvement & Regulatory Affairs at the Maine Health Care Association. She brings a wealth of experience to this role, having previously served as the Administrator at Maine Veterans Homes in Scarborough. In her capacity as Administrator, Maureen was responsible for overseeing all operations at a 120-bed skilled nursing facility and a 30-bed assisted living facility.

During her tenure at Maine Veterans Homes in Scarborough, Maureen achieved outstanding results, with the facility earning the prestigious Gold – Excellence in Quality Award from the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). Notably, this accomplishment marked the facility as the first Gold Award recipient in the state of Maine.

With over 30 years of experience in the healthcare field, Maureen is a licensed multilevel nursing home administrator and a registered nurse. Her extensive expertise is underscored by her dedication to quality assurance performance improvement (QAPI), a passion she has pursued as a Gold Award Examiner for the past 5 years.

Maureen holds a Master of Arts in Leadership Studies and a Bachelor of Science in Nursing, further enhancing her qualifications in healthcare leadership and quality improvement.